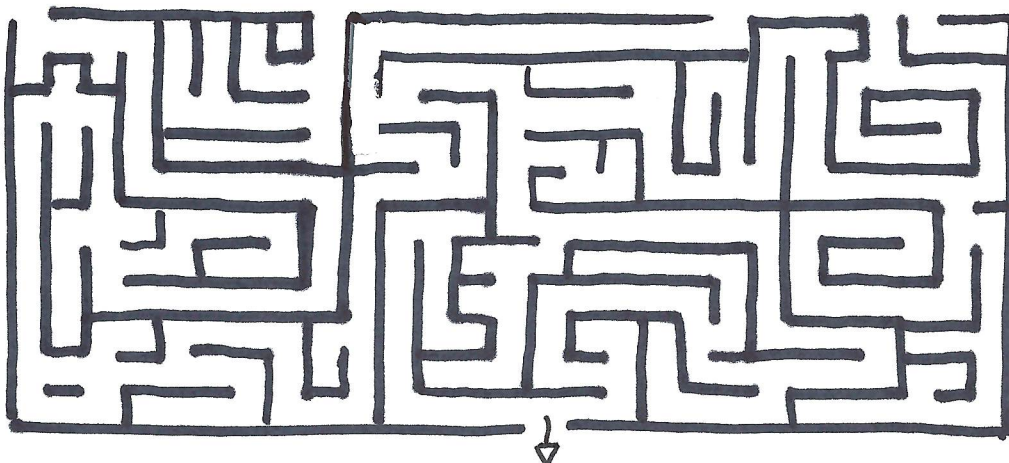


Maze Success

There is more than meets the eye to completing a maze. Here are a few strategies that therapists provide to help make success happen.

- **Start by engaging in mazes that are easy.**
- **Gradually progress to more challenging mazes.**
- **First trace the path with your finger.**
- **Look ahead (talk about this and demonstrate)**
- **Look at each break in the line, make sure you identify all the paths available.**
- **Once you have completed a challenge by pencil, trace over it with a yellow highlighter.**
- **Have good lighting.**
- **Demonstrate a maze and talk out loud what your thinking and doing. In other words, you critique the process.**
- **Don't be afraid to say, "This one is too difficult today."**
- **Never give up too easily. Take your time and practice knowing that you can get better.**

We hope that these tips will help you gain more success with guiding someone thru the journey of maze victory! Be aware of eye strain or the need to take a break. Maze activities really help us improve many skills such as visual tracking, impulse control, visual-motor coordination, and more.





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