

Apologize

Talk It Out

Walk It Off

Ignore It

Executive Functioning Wheel

Take Time Out

Say "Stop Please"

Make A Plan

Executive Functioning Wheel

Life is full of the unexpected events. Sometimes it helps to have a visual to remind us of choices we can make so our lives can be easier. This wheel can be used for adults who have suffered damage to the executive functioning area of the brain or for kids that need supports to develop executive functioning. You can have clients identify which picture matches the category. Cut and paste each category to the corresponding picture.

Categories:

Take Time Out

Walk It Off

Talk It Out

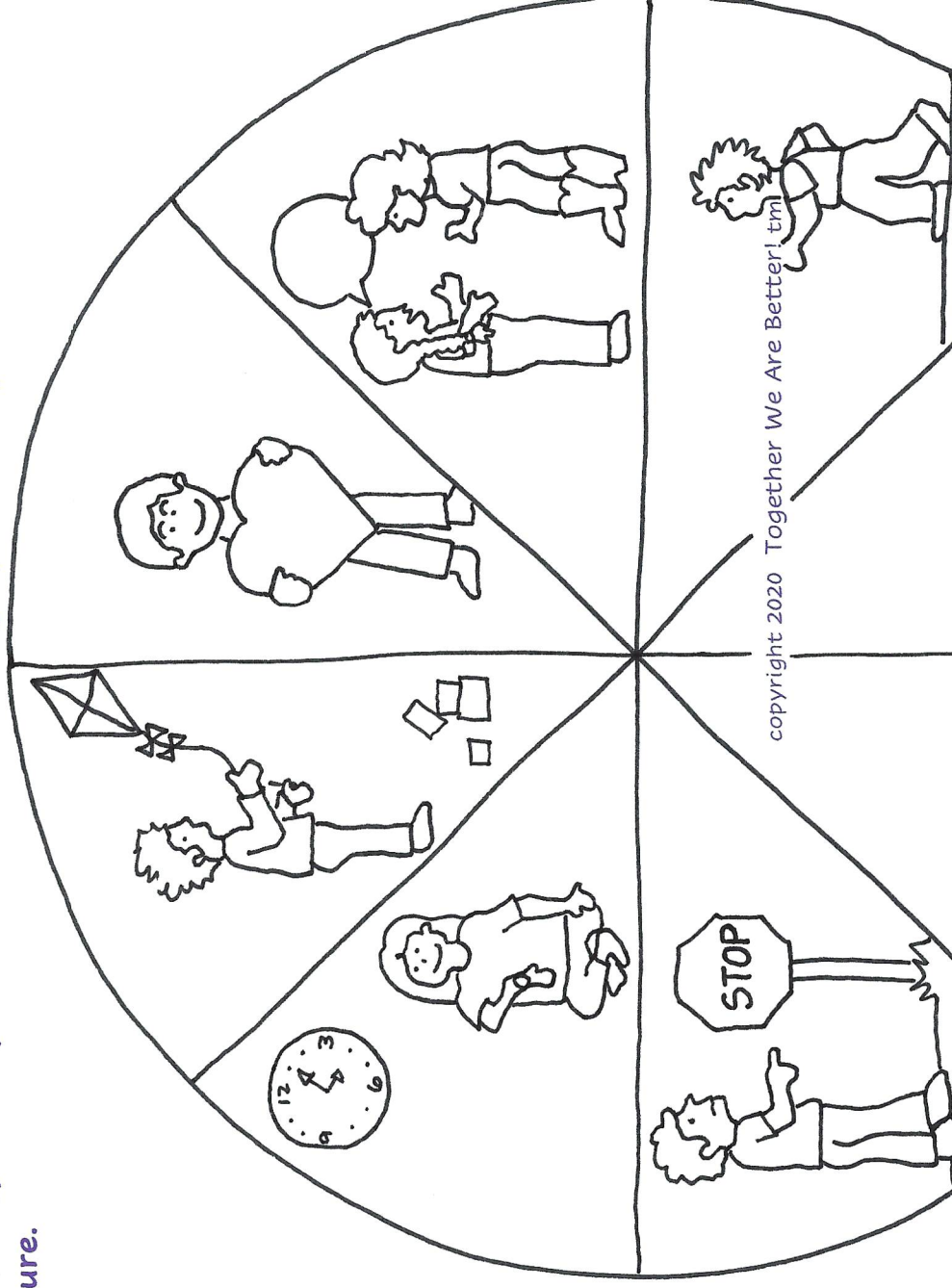
Switch Activities

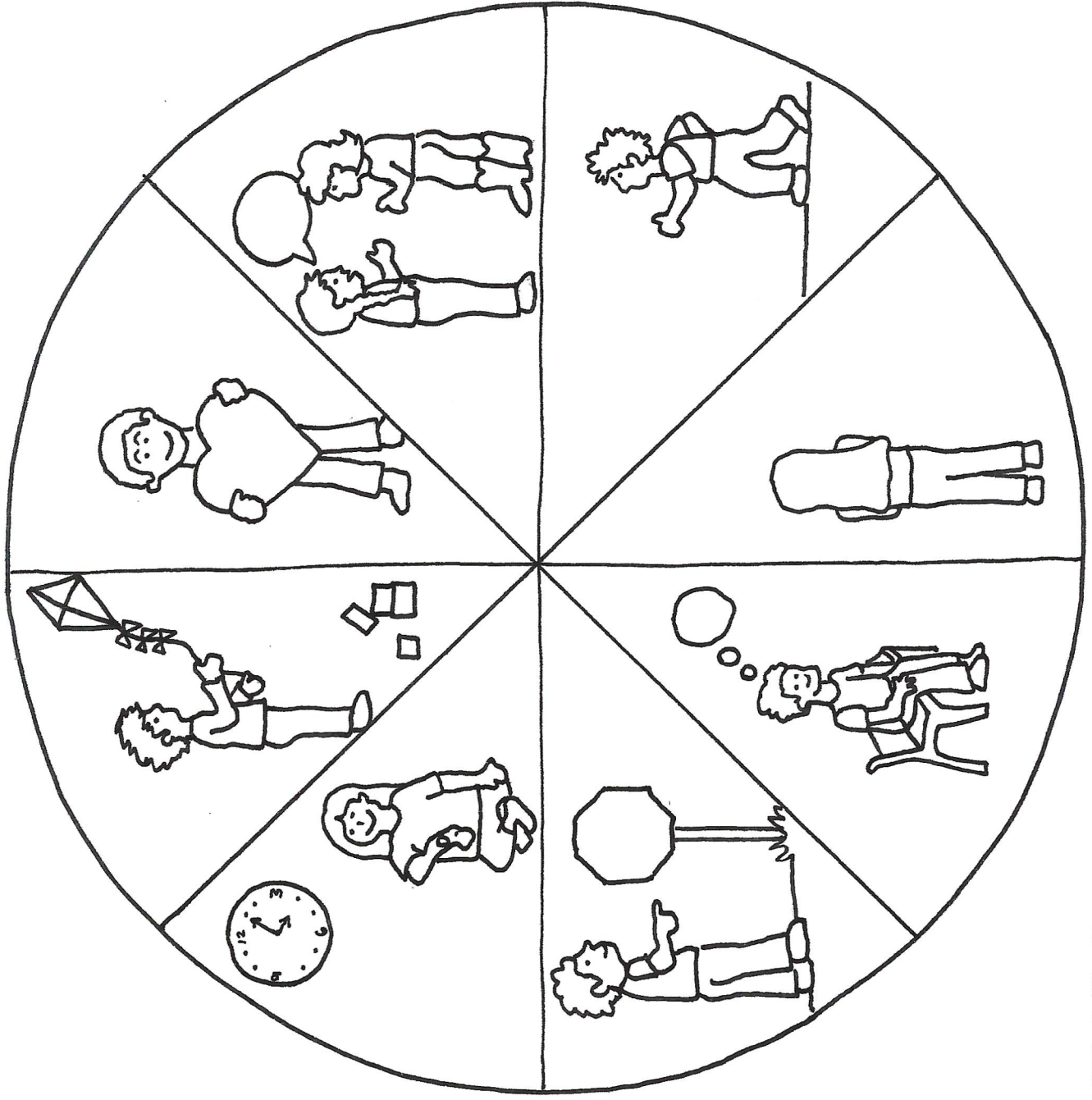
Apologize

Say "Stop Please"

Ignore It

Make A Plan





copyright 2020 BrilliantTherapy.com

Executive Functioning Wheel