



Executive Function: Time & Situation

Put a number beside each statement as to which items take more time to do. Use 1 for the least amount of time, and 8 for the task that takes the longest amount of time to complete.

- _____ Drive from California beaches to Arizona.
- _____ Get dressed for work.
- _____ Take a shower.
- _____ Brush teeth.
- _____ Eat a sandwich.
- _____ Pick up a pencil.
- _____ Grab 3 items at the market.
- _____ Watch a TV show.

Check off what is considered an expected event.

- _____ A man rides an elephant in New York.
- _____ A man drives a car over a bridge.
- _____ A man places a key under a doormat in case he locks himself out of his house.
- _____ A woman is hungry, so she goes to a hardware store.
- _____ A woman needs a new roof on her house, so she climbs up on the roof to do it herself.



Executive Functioning: Problem Solving

Place a check on the items that fix the stated problem.

- _____ A girl is locked out of her house, so she goes out to eat.
- _____ A girl is locked out of her house, so she calls a locksmith.
- _____ A dog digs under a fence, gets lost and the owner puts up a sign.
- _____ A cat runs up a tree and cannot get down. So, the owner calls her dog to help.
- _____ The electric bill is due the first of the month, and the phone bill is due 15 days later, so you pay the phone bill first.
- _____ The apartment contract states no pets allowed, so you bring your pet bird.
- _____ An unidentified person calls on the phone asking for personal information, you give it to them so as not to be rude, then ask what company you are talking to.
- _____ The doctor tells you to take a medicine, you don't know what it is for, so you do not take it.
- _____ You can never find your doctor's phone number, so you write it down on a sticky note and put it on your calendar.
- _____ You have difficulty figuring out if you drank enough water, so you drink when you feel like it.
- _____ You do not remember if you took your medication, so you put it in a pill organizer.
- _____ You cannot drag your trash can to the street, so you ask a neighbor to help you.
- _____ You are worried about when your granddaughter is visiting, so you call her at 1 am?