

Get the most therapeutic value out of each activity.



Tips for how to direct an activity.

- * **Remind yourself that the end product is not a perfect craft or score, but the way to make understanding and awareness happen.**
- * **Give clear overview of the steps involved to do the activity.**
- * **Use visual support when possible. (pictures, demonstration, write out steps as you demonstrate the project)**
- * **Keep distractions to a minimum.**
- * **Observe to see how much of the activity is understood.**
- * **Allow for creativity within the parameters of the task. If the details of the craft do not permit a circle to touch another circle than enforce that concept, because attention to details does matter in life.**
- * **Do not worry if it will look correct when it is finished. Focus on the process not the end result (score or if it looks like you envisioned).**
- * **Make everything fun. Kids are attracted to what is fun, not what you want done.**