


Common Music Therapy Instruments List

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- + Rhythm Tech Cabasa
 - + Plastic or Wood Egg Shakers
 - + Meditation Trio Chime
 - + Autoharp
 - + Piano Keyboard
 - + iPad Apps such as Dust Busters
 - + TreehouseKidsMusicalLearning.com
 - + Rhythm Sticks
 - + Guitar & other stringed instruments
 - + Zenergy Chime
 - + Mason Hill Musci Gourd Kalimba Thumb Piano
 - + Maraca
 - + Arcraft Tibetan Singing Bowls
 - + Harmonica
 - + Kazoo
 - + Boomwhackers
 - + Music Glove (esp. good for stroke hand recovery)
 - + Adapted instruments
 - + Rhythm Band Instruments
 - + Handpan Tongue Drum
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Music instruments used for fine motor, activity tolerance, visual-motor, and visual-perceptual skills are surprisingly successful due to the fact that the brain is stimulated the most with auditory sensory input.

Note: There are other games that incorporate musical elements that can be purchased such as Mr. Simon.

