

Paper Dot Activities!

- * Trails. Make a trail of dots. You can even make a poster to follow that shows how each color of dot means that the client must travel a particular way when on a certain color.
- * Strategies. Use dots to draw attention to different spots in the room that then need to go to in order to complete a task. They can be used as a memory game or to help remember items to write down (see the Dot Writing activity)
- * Dots for sorting bins can increase accuracy. They can show what spices usually go together.
- * Crafts- regular hole puncher dots are wonderful for creating a picture or placing on a line.
- * Pre-Writing training- Draw lines on a paper and have client place dots on the lines or draw a line between two dots, or dot-to-dot pictures.
- * Emotional uplifting with dots is also fun. Place polka-dots on floors, spin boards, paper borders, chairs & tables.
- * Visual-motor activities are endless with dots. They can be used in sensory bottles or bins, Easter Dot Hunt Games, Velcro boards and file folder tasks, draw lines between dots, and placing cups on dots (see how fast you can place items, one on each dot).
- * Sensory bins are wonderful when they have dots cut out of various materials such as fabric, card board and textured paper.
- * Dots for art. Try Mandala spirals, use bottle caps for added texture, and try using edibles such as sprinkles.