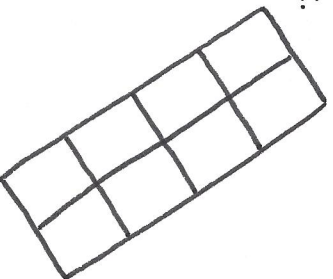
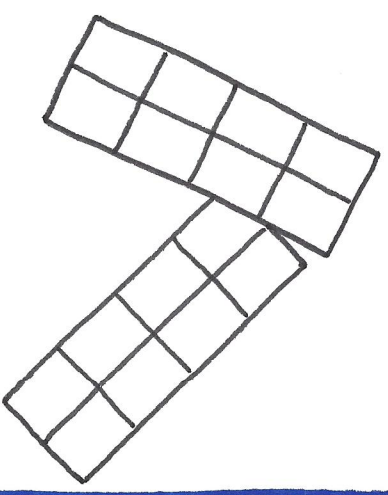


Ice Cube Tray Uses for OT and ST!

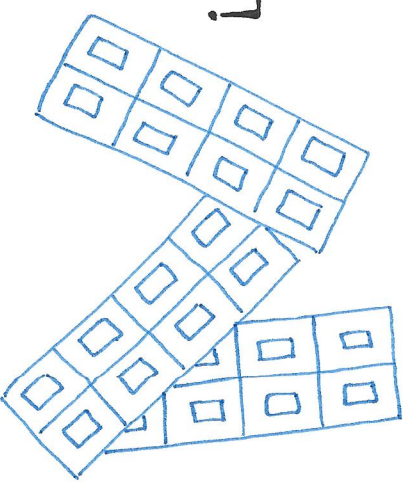
OT & ST:

1. ADL: Organize pills, to-do-list, and snack measurer, ...
2. Meals: Cut up pieces of food and place 1 piece in each space. This will give client an idea of how long they will have to sit at the table to eat.
3. Craft Supports: Let's client know how many items they need to place on their picture or use as a paint tray.
4. Place small toys in each space and then place water in and freeze. Kids can play outdoors with the ice until they can remove the toy from each ice cube.
5. Science type activities: Place different colors together.
6. Place a letter in each cube space to work on articulation.
7. Place an oral exercise into each space.
8. Place a small piece of paper into each space with a question to be read or answered. This can also be made into a game, and incorporate writing and other fine motor skills.
9. Place a small toy into each space and have kids take one at a time out and describe the toy or compare how it may be the same or different from the one that they previously picked out.
10. Blindfold clients and have them pull one item out of each space and describe or guess what it is without seeing it.



Ice Cube Tray Uses for OT, PT, and STI

OT & PT & STI:



1. ADL: Organize pills, to-do list, and snack measurer, ...
2. Meals: Cut up pieces of food and place 1 piece in each space. This will give client an idea of how long they will have to sit at the table to eat.
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9. Place a small toy into each space and have kids take one at a time out and describe the toy or compare how it may be the same or different from the one that they previously picked out.
10. Blindfold clients and have them pull one item out of each space and describe or guess what it is without seeing it.
11. Place a yoga picture in each space and have kids pull one out at a time and perform it.
12. Place an activity or exercise that they need to do in each space.
13. Make ice cues and then let them carry one around to each exercise that they do. This will provide added sensory input and body awareness.
14. Let them jump over something unusual, such as an ice cube tray. Each time they do it they can place a marble or fuzz ball in the space.
15. Reward Tool: Use it to count how many times they jump or engage in an activity before engaging in an activity of choice.