

Teacher Tips with Sensory Solutions

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Check if done:	Child Can't Sit Still	<ol style="list-style-type: none"> 1. Squishy toys, & fidget toys 2. Piece of sticky tape to play with. 3. Sit on wobble seat (allow mov't) 4. Sit on seat cushion 5. Spin board 6. Brain Breaks (child chooses)
	Chews on Non-food Items	<ol style="list-style-type: none"> 1. Water bottle w/ rubber sip. 2. T-bones or chewlery 3. Crackers-crunchy snack
	Covers Ears	<ol style="list-style-type: none"> 1. Silencing headphones(Walmart-gun section) 2. Soft music 3. Water bottle with rubber sip
	Crashes into Things	<ol style="list-style-type: none"> 1. Crash pad 2. Wrapped towel 3. Squeeze tunnel
	Distracted Easily	<ol style="list-style-type: none"> 1. Room adaptations: lighting 2. Colored paper 3. Desk Barriers
	Dislikes Transitions	<ol style="list-style-type: none"> 1. Transition object provided 2. Count down (1,2,3, then _____)
	Hits Self & Others	<ol style="list-style-type: none"> 1. Fabric tunnel 2. Putty 3. Cue cards and social stories
	Invades Personal Space	<ol style="list-style-type: none"> 1. Communication tips 2. Cue cards & social stories 3. Organize space for stand or seated tasks.
	Shouts/Makes Noises	<ol style="list-style-type: none"> 1. Water bottle with rubber sip 2. Remove them to isolated area and have them make the sound until they have it out of their system.
	Melt's Down Easily	<ol style="list-style-type: none"> 1. Quiet space-bean bag chairs/dim lights/stuffed animals. 2. Beach towel wrapping
	Writing: Floating Letters	<ol style="list-style-type: none"> 1. 3 lined adaptive paper 2. Highlighted baseline 3. Close copy if possible 4. Re-write on colored paper
	Cutting:	<ol style="list-style-type: none"> 1. Highlight where to cut 2. Use adaptive scissors (loop handles, etc.) 3. Use crayon or smell marker on line to cut.

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Check if done:	Child Can't Sit Still	<ol style="list-style-type: none"> 1. Squishy toys, & fidget toys 2. Piece of sticky tape to play with. 3. Sit on wobble seat (allow mov't) 4. Sit on seat cushion 5. Spin board 6. Brain Breaks (child chooses)
	Chews on Non-food Items	<ol style="list-style-type: none"> 1. Water bottle w/ rubber sip. 2. T-bones or chewlery 3. Crackers-crunchy snack 4. Suck hard candy (peppermint)
	Covers Ears	<ol style="list-style-type: none"> 1. Silencing headphones(Walmart-gun section) 2. Soft music 3. Water bottle with rubber sip
	Crashes into Things	<ol style="list-style-type: none"> 1. Crash pad or squeeze tunnel 2. Wrapped towel 3. Movement activity -wall pushups 4. Pull or push wagon
	Distracted Easily	<ol style="list-style-type: none"> 1. Room adaptations: lighting 2. Colored paper 3. Desk Barriers 4. Desk facing calm visual walls
	Dislikes Transitions	<ol style="list-style-type: none"> 1. Transition object provided 2. Count down (1,2,3, then _____)
	Hits Self & Others	<ol style="list-style-type: none"> 1. Fabric tunnel 2. Putty 3. Cue cards and social stories
	Invades Personal Space	<ol style="list-style-type: none"> 1. Communication tips 2. Cue cards & social stories 3. Visual space cue for stand or seated tasks.(carpet squares, hoola hoops, colored tape)
	Shouts/Makes Noises	<ol style="list-style-type: none"> 1. Water bottle with rubber sip 2. Remove them to isolated area and have them make the sound until they have it out of their system. 3. Awareness-Do you need to make noise to work? Or practice silent game-Let's see who is quiet longest)
	Melt's Down Easily	<ol style="list-style-type: none"> 1. Quiet space-bean bag chairs/dim lights/stuffed animals. 2. Beach towel wrapping 3. Sandwich child between 2 couch cushions.
	Writing: Floating Letters	<ol style="list-style-type: none"> 1. 3 lined adaptive paper 2. Highlighted baseline 3. Raised lines 4. Close copy if possible 5. Re-write on colored paper
	Cutting:	<ol style="list-style-type: none"> 1. Highlight where to cut 2. Use adaptive scissors (loop handles, etc.) 3. Use crayon or smell marker on line to cut.