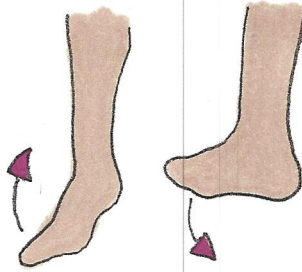


arm raises



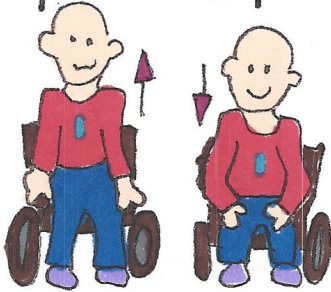
toe raises



leg raises



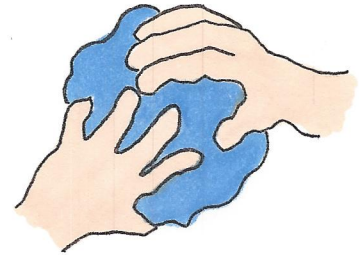
wheelchair  
push-ups



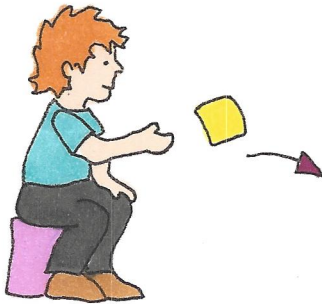
Reach



Squeeze



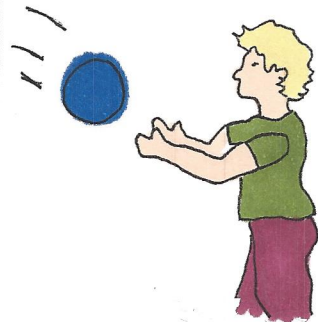
Toss


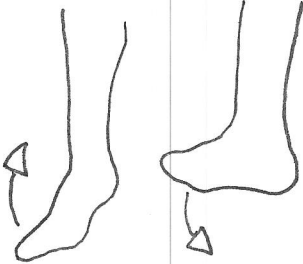
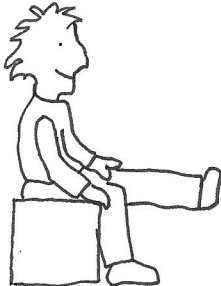
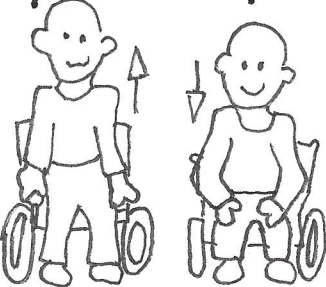

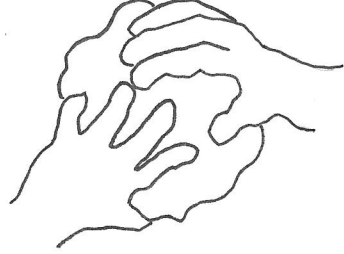
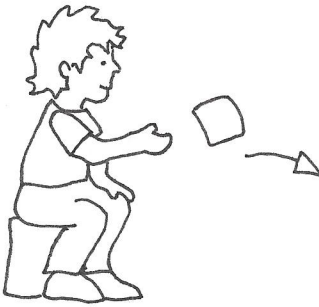
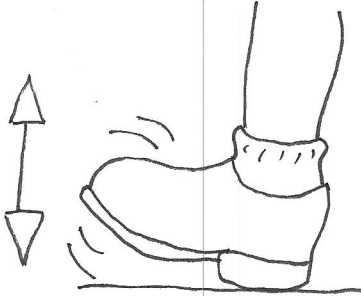



tap foot



catch

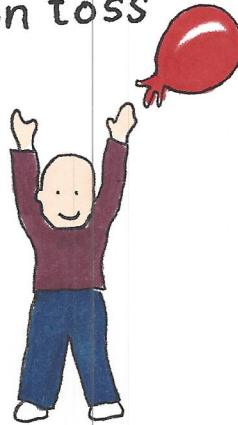


|  |   |  |
|--|---|--|
| <p><b>arm raises</b></p>            | <p><b>toe raises</b></p>  | <p><b>leg raises</b></p>  |
| <p><b>wheelchair push-ups</b></p>  | <p><b>Reach</b></p>       | <p><b>Squeeze</b></p>    |
| <p><b>Toss</b></p>                | <p><b>tap foot</b></p>  | <p><b>catch</b></p>     |

Bubble Kicks



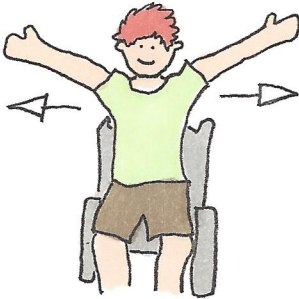
balloon toss



Clapping



arm stretches



knees apart



lift knees



cris cross arms



angel arms



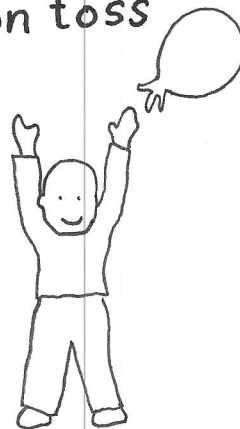
belly moves



Bubble Kicks



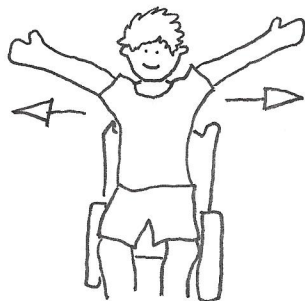
balloon toss



Clapping



arm stretches



knees apart



lift knees



cris cross arms



angel arms



belly moves

