

Pumpkin Finger Painting

Finger painting can be a fun activity while providing participants with a tactile sensory experience and increasing abilities in finger dexterity, fine motor coordination, visual attention, and visual motor integration.

Supplies Needed:

- Pumpkin outline
- Finger Paint (Red, Orange, Yellow, Green)
- Paper Towels
- Paper Plates

How to:

- Explain the purpose of the activity (Paint the pumpkin using paint and your fingers)
- Allow as much independence during this activity as possible
- Place paper towels on the workspace to reduce mess
- Give each participant a pumpkin outline and a paper plate prepared with red, orange, and yellow finger paint
- Paint the body of the pumpkin outline
- Encourage participants to indicate that they are “all done” (can be done through words, gestures, or waiting for the next step)
- Wash hands before the next step
- Provide green finger paint and direct participants to paint the stem of the pumpkin
- Encourage them to indicate that they are “all done” (can be done through words, gestures, or waiting for the next step)
- Wash hands and clean workspace

