
















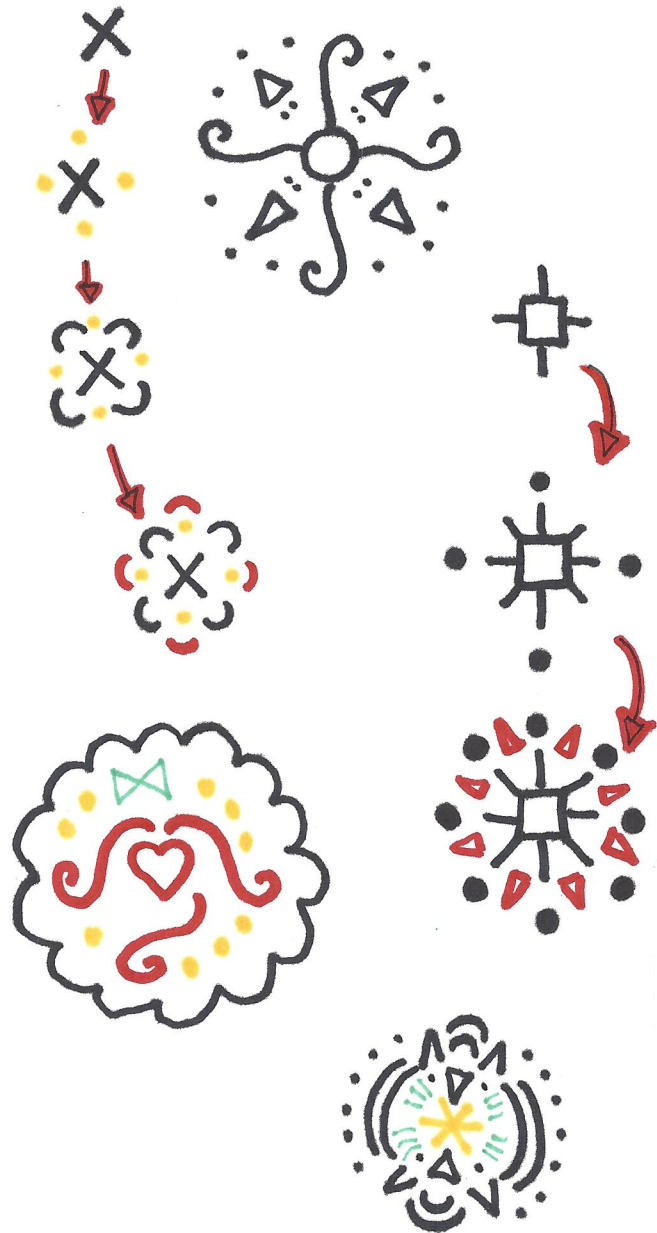


## Mandala Therapy Draw

The focus of this task is to establish the ability to imagine a circle that is not there and organize visual space. When instructing this for the first time, you may want to demonstrate one and show how you use elements from the chart and copy them all around. Allowing individuality and emphasizing trying to keep a circular shape going is key to having a wonderful learning moment.

Use the chart below or make your own to assist you. Use the sample below to let creative juices flow!



Speech Therapists will want to ask how client feels when making their mandala (fears, excitement, etc.) and let them call out each element that they use, along with a recap at task completion.