

Checklist:

Digit Based Orthoses

PIP Extension Restriction Orthosis (Figure of 8, Swan Neck)

- The orthosis blocks full PIP joint extension
- The orthosis allows for functional PIP joint flexion
- The orthosis does not impede MCP or DIP joint motion
- The orthosis can be removed and applied to the digit easily

PIP Joint Extension Immobilization Orthosis

- The orthosis allows for full MCP and DIP joint motion
- The orthosis positions the PIP joint in full extension
- The strap across the PIP joint is padded and secures the joint in the orthosis