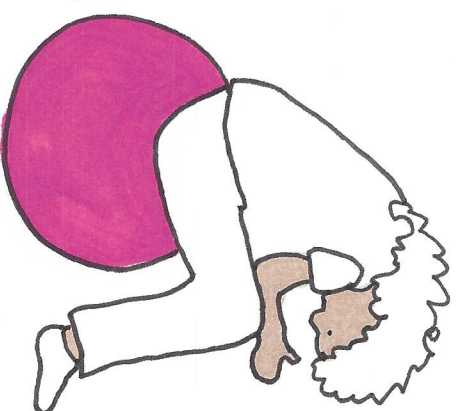
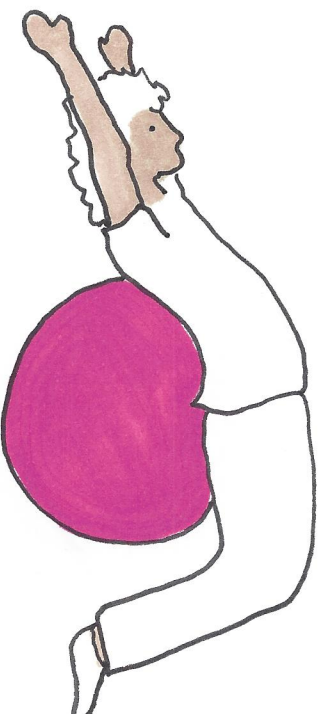
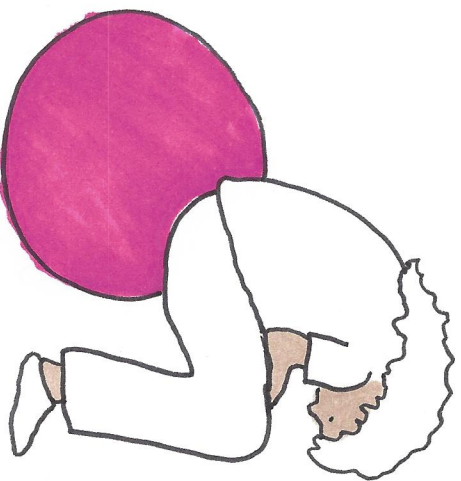
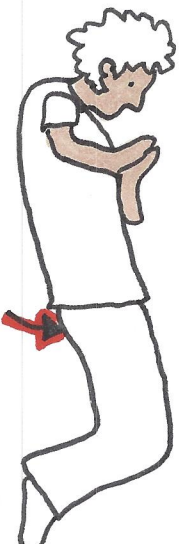
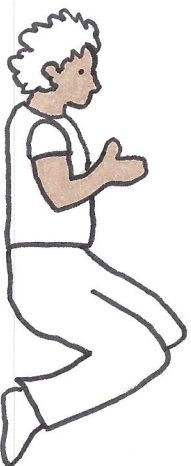
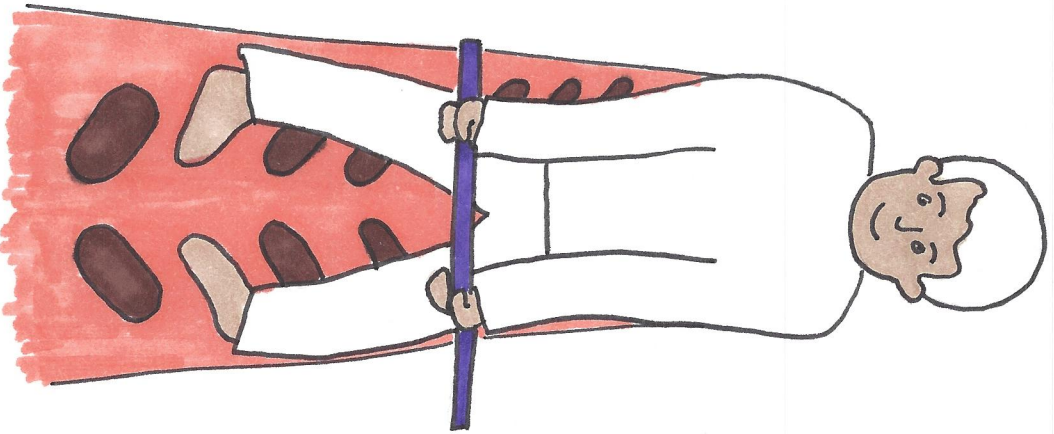


Moves for Moro Reflex Integration

1. Lay on back with knees flexed and palms of hands pressed together, then lift hips upward while keeping hands pressed together (bridge).
2. Sit on ball with elbows together in a tucked position, then extend body raising arms overhead.



Moves for reflex integration...



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