

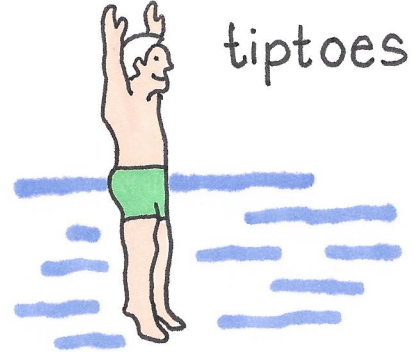
stand on one leg



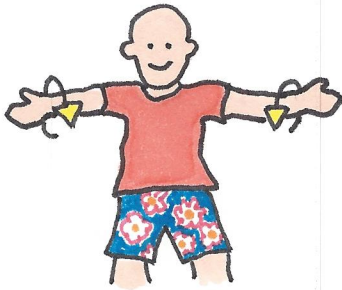
float



stand on tiptoes



arm circles



Jump up



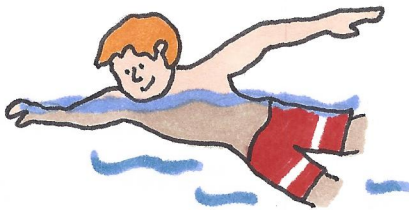
kicks



kicking



swim

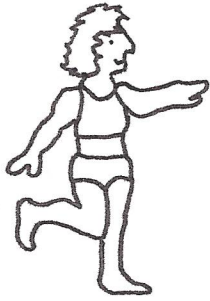


blow out thru your nose



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stand on one leg



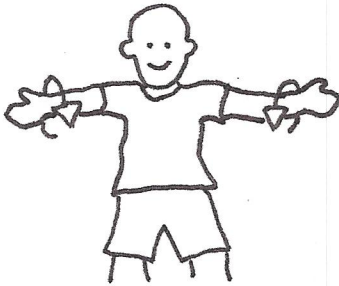
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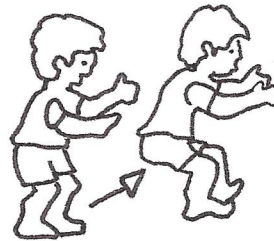
stand on tiptoes



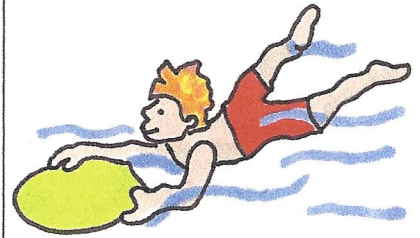
arm circles



Jump up



kicks



kicking



swim



blow out thru your nose



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