

This image shows a single page from a notebook, oriented vertically. The page is framed by a decorative border consisting of a series of small, repeating scalloped shapes. Inside the border, there are 15 horizontal ruling lines, creating 16 equal-width rows for writing. The lines are evenly spaced and extend across the width of the page. The paper appears to be white or a light cream color. In the bottom-left corner, there is a small starburst icon followed by the text "Copyright 2017". In the bottom-right corner, there is a small starburst icon followed by the text "BrilliantTherapy.com".



