

Commonly used OT abbreviations

ABD	Abduction	N&V	nausea & vomiting
AKA	no known allergy	NPO	nothing by mouth
ABR	absolute bed rest	NSG	nursing
AD	admit date	NWB	non weight bearing
ADHD	attention deficit hyperactivity disorder	OA	osteoarthritis
ADL	activities of daily living	OB	obstetrics
AFO	ankle foot orthosis	OD	once daily/ right eye
ALOS	average length of stay	OOB	out of bed
ALS	amyotrophic lateral sclerosis	OR	operating room
AMA	against medical advice	Ortho	orthopedic
AROM	active range of motion	OTC	over the counter
ATNR	asymmetrical tonic neck reflex	OU	both eyes
BM	bowel movement	PARA	paraplegia
BMR	basal metabolic rate	PARA	paraprofessional
BP	blood pressure	PCA	personal care attendant
BPM	beats per minute	PDD	pervasive develop. disorder
CAT	computer-assisted tomography	Ped	pediatric
CBI	closed brain injury	PET	positron emission tomography
CC	chief complaint	PLOF	prior level of function
CF	cystic fibrosis	PI	present illness
CHF	congestive heart failure	PIP	proximal interphalangeal
c/o	complains of	PKU	phenylketonuria
COPD	chronic obstructive pulmonary disease	PMH	prior medical history
CP	cerebral palsy	PNF	proprioceptive neuromuscular facilitation
CPR	cardiopulmonary resuscitation	PNS	peripheral nervous system
CTS	carpal tunnel syndrome	PO	postoperative
CV	cardiovascular	PO	Postop postoperative
CVA	cardiovascular accident	PPO	preferred provider org.
CXR	chest x-ray	PRN	whenever necessary
d/c	discharge	PROM	passive range of motion
DIP	distal interphalangeal	PT	physical therapy
DJD	degenerative joint disease	PTA	prior to admission
DM	diabetes mellitus	PTSD	post traumatic stress dis.
DNR	"do not resuscitate"	PVD	peripheral vascular disease
DOB	date of birth	PWA	person with AIDS
DOE	date of evaluation	PWB	partial weight bearing
DOE	dyspnea upon exertion	Px	physical exam
Doff	take off clothing	q2h	every 2 hours
Don	put on clothing	qd	every day
Dx	diagnosis	qh	every hour
ECF	extended care facility	qid	4 times daily
ECG	electrocardiogram	qn	every night
ECT	electroconvulsive therapy	qod	every other day
EEG	electroencephalogram	quad	quadriplegia
EENT	eye, ear, nose, & throat	qid	4 times daily
EKG	electrocardiogram	R	right
EMG	electromyogram	RA	rheumatoid arthritis
EMS	electrical muscle stimulation	REM	rapid eye movement
EOM	edge of mat	RF	renal failure
FAS	fetal alcohol syndrome	RHD	rheumatic heart disease
FIM	functional independence measure		

FWB	full weight bearing	RLE	right lower extremity
Fx	fracture	RO	rule out
GI	gastrointestinal	ROM	range of motion
GYN	gynecology	RUE	right upper extremity
H/A	headache	Rx	prescription
HB	hemoglobin	SAD	seasonal affective disorder
HCVD	hypertensive cardiovascular dis.	SC	subcutaneous
Hemi	hemiplegic	SCI	spinal cord injury
HEP	home exercise program	SED	seriously emotionally disturbed
HI	head injury	SI	sensory integration
HMO	home maintenance program	SIDS	sudden infant death syndrome
H & P	history & physical	SLB	short leg brace
HR	heart rate	SLR	straight leg brace
Htn	hypertension	SNF	skilled nursing facility
Hx	history	SOB	shortness of breath
I	independent	SOP	standard operating procedure
IADL	instrumental activities of daily living	s/p	status post
IDDM	insulin-dependent diabetes mellitus	Stat	at once
IEP	individualized education program	STG	short term goal
IFSP	individualized family service plan	STNR	symmetrical tonic neck reflex
IV	intravenous	Sx	symptom
KAFO	knee ankle foot orthosis	Sz	schizophrenia
L	left	T	trace
Lat	lateral	TB	tuberculosis
LE	lower extremity	TDD	telecommunication device for deaf
LLE	left lower extremity	TDWB	toe touch weight bearing
LLQ	left lower quadrant	TENS	transcutaneous electrical nerve stimulation
LMN	lower motor neuron	THR	total hip replacement
LOA	leave of absence	TIA	transient ischemic attack
LOC	loss of consciousness	tid	three times daily
LTG	long term goal	Tx	treatment
LUE	left upper extremity	UE	upper extremity
MAO	monoamine oxidase	URI	upper respiratory infection
MCP	metacarpophalangeal	UTI	urinary tract infection
MFR	myofascial release	VC	vital capacity or verbal cues
MI	myocardial infarction	VO	verbal order
Min.	minimal	VS	Vestibular stimulation
MMT	manual muscle test	WBAT	weightbearing as tolerated
Mod	moderate	W/C or WC	wheelchair
MRI	magnetic resonance imaging	WFL	within functional limits
MS	multiple sclerosis	Wk	week
MVA	motor vehicle accident	w/o	without
N/A	not available	WNL	within normal limits
Neg.	negative	x	times
NG-Tube	nasogastric tube	y/n	yes/no
NICU	neonatal intensive care unit	y/o	years old
NIDDM	non-insulin dependent diabetes mellitus	Yrs	years